



A BROWN UNIVERSITY RESEARCH STUDY

Protocol #2023003519

BROWN

PSYCHEDELIC-RELATED CHALLENGES + ADVERSE EFFECTS



experiences, risk factors, and systems of support



<https://tinyurl.com/prcaestudy>

Questions?

Contact Dr. Nicholas Canby

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Purpose of study: The study aims to answer the following questions: What kinds of lasting challenges and adverse effects can occur as a result of classic psychedelic use? Are there specific psychedelics, approaches or contexts that tend to cause more problems than others? What predicts whether a challenging psychedelic experience is therapeutic or destabilizing? If someone experiences lasting difficulties from psychedelics, what should they do? What types of support, remedies or therapies are most or least helpful?

What does participation involve? Study participation involves completing an online survey about your psychedelic-related difficulties, how you and others responded to them, and other factors that may have played a role. You can also submit a written narrative of your experience, if you choose.

Who is eligible? Anyone who has had a psychedelic-related experience that:

- Was difficult or distressing and persisted beyond the acute effects of the substance into daily life or
- Negatively impacted your life or daily functioning or
- Required additional professional support or treatment.

You must be at least 18 years old and be able to read and write in English.

Will I receive compensation? No, participation is volunteer and uncompensated. You will be given instructions about how your research participation can be translated into support for psychedelic users in distress.

How do I participate?

<https://sites.brown.edu/britton/activeresearch/prcae/>