



# A BROWN UNIVERSITY RESEARCH STUDY

Protocol #2023003519

BROWN

## PSYCHEDELIC-RELATED CHALLENGES + ADVERSE EFFECTS



*for building better systems of support*



<https://tinyurl.com/prcaestudy>

**Questions?**

**Contact Dr. Nicholas Canby**

**clanlab@brown.edu**

**Purpose of study:** The study aims to answer the following questions: What kinds of lasting challenges and adverse effects can occur as a result of classic psychedelic use? Are there specific psychedelics, approaches or contexts that tend to cause more problems than others? What predicts whether a challenging psychedelic experience is therapeutic or destabilizing? If someone experiences lasting difficulties from psychedelics, what should they do? What types of support, remedies or therapies are most or least helpful?

**What does participation involve?** Study participation involves completing an online survey about your psychedelic-related difficulties, how you and others responded to them, and other factors that may have played a role. You can also submit a written narrative of your experience, if you choose.

**Who is eligible?** Anyone who has had a psychedelic-related experience that:

- Was difficult or distressing and persisted beyond the acute effects of the substance into daily life or
- Negatively impacted your life or daily functioning or
- Required additional professional support or treatment.

You must be at least 18 years old and be able to read and write in English.

**Will I receive compensation?** No, participation is volunteer and uncompensated. You will be given instructions about how your research participation can be translated into support for psychedelic users in distress.

**How do I participate?**

<https://sites.brown.edu/britton/activeresearch/prcae/>