

DEDICATED DHARMA PRACTITIONERS
are invited to a

THREE MONTH

MEDITATION INTENSIVE

IN

SPRING 2022

guided by

NORTH BURN

To embody profound serenity in the midst of our wild life is a beautiful gift which we can offer. Clearly observing three fundamental marks of experience - Dukkha, Anicca, and Anatta - is gateway to this embodiment, an awareness that is opened as a result of establishing Mindfulness and developing Samadhi, in the context of the Eightfold path. Practitioners on this Intensive will live together simply - camping individually and sharing a space with basic amenities - in a remote forest in the Pacific Northwest, a setting that itself beautifully expresses the Dharma. We will uphold the Five Precepts and Noble Silence to foster harmony and an inward focus. A rigorous meditation schedule and ongoing group and personal instruction will serve to deepen and balance the practice as it unfolds over the course of three months.

North's teaching is a heart-to-heart transmission of freedom and compassion. He weaves together sudden and gradual understandings of the path, and is influenced by over a decade of training on long Insight Meditation retreats and in residential Soto Zen practice, studying with spiritual benefactors such as Leslie James, Reb Anderson, Joseph Goldstein, and Greg Scharf - who is his primary mentor. He has led meditation retreats since 2015 and, in 2019-20, was the Resident Teacher at Dharmagiri in South Africa.

To learn more about how to participate, and to apply, contact

northdharma@tutanota.com

before August 24th, 2021